



IndiGo embraces International Yoga Day

6E to hosted yoga sessions for employees across 46 domestic airports

National, June 21, 2018: The country's coolest airline, IndiGo, is all set to warm up on International Yoga Day, observed worldwide on June 21 every year. 6E employees across 46 domestic airports participated in yoga sessions moderated by globally recognised yoga instructors from Infinite Health Studios. As well as training around the traditional yoga techniques, yogic breathing exercises to musical yoga, these sessions aimed to create more awareness towards embracing fitness as a lifestyle.

Mr Raj Raghavan, Senior Vice President, Human Resources, IndiGo, said *"As we take cognizance of the lifestyle disorders that are affecting both the older generation and most alarmingly the youth, we see conducting yoga sessions for our employees as a small step towards embracing fitness and wellness. We are pleased to partner with Infinite Health Studios who specialize in formulating yoga training modules for corporates. IndiGo conducted yoga sessions across its 46 domestic airports for the fourth time in a row and with this endeavour, we hope to take our fitness initiative to a newer level."*

About IndiGo

IndiGo is India's largest airline with a market share of 40.9% in May 2018. IndiGo is amongst the fastest growing low-cost carriers in the world. IndiGo has a simple philosophy: offer fares that are low, flights that are on time, and a courteous, hassle-free travel experience. With its fleet of 153 Airbus A320 and 6 ATR aircraft as of 31st March 2018, the airline offered 1,086 peak daily flights during the quarter and connected 42 domestic destinations and 8 international destinations.

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